

Review

Mechanism of Hypercholesterolemia-Induced AtherosclerosisKailash Prasad^{1,*}, Manish Mishra²¹Department of Physiology (APP), College of Medicine, University of Saskatchewan, Saskatoon, SK S7N 5A2, Canada²Department of Pharmacology, Dalhousie University, Halifax, NS B3H 4R2, Canada*Correspondence: k.prasad@usask.ca (Kailash Prasad)

Academic Editors: Karol E. Watson and Morris Karmazyn

Submitted: 12 February 2022 Revised: 6 May 2022 Accepted: 7 May 2022 Published: 9 June 2022

Abstract

Hypercholesterolemia is involved in the development of atherosclerosis and is a risk factor for coronary artery disease, stroke, and peripheral vascular disease. This paper deals with the mechanism of development of hypercholesterolemic atherosclerosis. Hypercholesterolemia increases the formation of numerous atherogenic biomolecules including reactive oxygen species (ROS), proinflammatory cytokines [interleukin (IL)-1, IL-2, IL-6, IL-8, tumor necrosis factor- α (TNF- α)], expression of intercellular adhesion molecule-1 (ICAM-1), vascular cell adhesion molecule-1 (VCAM-1), E-selectin, monocyte chemoattractant protein-1 (MCP-1), granulocyte macrophage-colony stimulating factor (GM-CSF) and numerous growth factors [insulin-like growth factor-1 (IGF-1), platelet-derived growth factor-1 (PDGF-1) and transforming growth factor-beta (TGF- β)]. ROS mildly oxidizes low-density lipoprotein-cholesterol (LDL-C) to form minimally modified LDL (MM-LDL) which is further oxidized to form oxidized LDL (OX-LDL). Hypercholesterolemia also activates nuclear factor-kappa-B (NF- κ B). The above atherogenic biomolecules are involved in the development of atherosclerosis which has been described in detail. Hypercholesterolemia also assists in the development of atherosclerosis through AGE (advanced glycation end-products)-RAGE (receptor for AGE) axis and C-reactive protein (CRP). Hypercholesterolemia is associated with increases in AGE, oxidative stress [AGE/sRAGE (soluble receptor for AGE)] and C-reactive protein, and decreases in the sRAGE, which are known to be implicated in the development of atherosclerosis. In conclusion, hypercholesterolemia induces atherosclerosis through increases in atherogenic biomolecules, AGE-RAGE axis and CRP.

Keywords: hypercholesterolemia; reactive oxygen species; atherosclerosis; cell adhesion molecules; cytokines; advanced glycation end products; C-reactive protein; nuclear factor-kappa B; atherogenic biomolecules

1. Introduction

Atherosclerosis affects medium and large-sized arteries and is characterized by focal thickening of the intima of the arteries and deposition of lipid, resulting in narrowing of the arteries. Atherosclerosis leads to cardiovascular diseases [1]. There are numerous factors including hyperlipidemia [2,3], diabetes [4], hypertension, cigarette smoking [5], obesity [6], hyperhomocysteinemia [7], and elevated serum C-reactive protein [8,9] which are involved in the development of atherosclerosis. The term hyperlipidemia refers to increased levels of serum total cholesterol (TC), low-density lipoprotein-cholesterol (LDL-C) and triglycerides (TG), or a combination of all the three. A major risk factor for coronary artery disease is hyperlipidemia [3,10]. CAD (coronary artery disease) risk increases by 2% to 3% for every 1% increase in serum cholesterol [11]. A 10% reduction of serum cholesterol reduces the risk of CAD by half for men of 40 yrs of age and by 25% for men 60 yrs of age over 5 yrs [11]. An increase of 10 mg/dL of LDL-C was associated with a 12% increase in the risk of cardiovascular disease (CVD) [12]. The serum TG levels are strongly associated with CAD [13,14]. There is a strong inverse correlation of high-density lipoprotein cholesterol (HDL-C) with atherosclerotic CAD. High

serum HDL-C levels reduce the rate of atherogenesis [15], while low levels of HDL-C accelerate atherosclerosis [16]. The risk of CAD is increased by 2% to 3% for every 1 mg/dL reduction in the levels of HDL-C [17]. The ratio of TC/HDL-C >3.5 in men and >4.5 in women, while the ratio of LDL-C/ HDL-C >3.5 in men, and >3.0 in women are risk of cardiovascular diseases [18]. Reactive oxygen species (ROS) [19–22], and advanced glycation end products (AGE) and its cell receptor RAGE (receptor for AGE) and soluble receptor for AGE (sRAGE) [23,24] have been implicated in the development of atherosclerosis. AGE and its cell receptors, sRAGE and esRAGE (endogenous secretory receptor for AGE) have been implicated in various diseases including non-ST segment elevated myocardial infarction (NSTEMI) [25], restenosis following PCI (percutaneous coronary intervention) [26] and accelerated atherosclerosis with streptozotocin-induced diabetes in apo-E-deficient mice [27]. This paper deals with the mechanism of hypercholesterolemia-induced atherosclerosis, with special reference to ROS and AGE-RAGE axis and C-reactive protein (CRP).



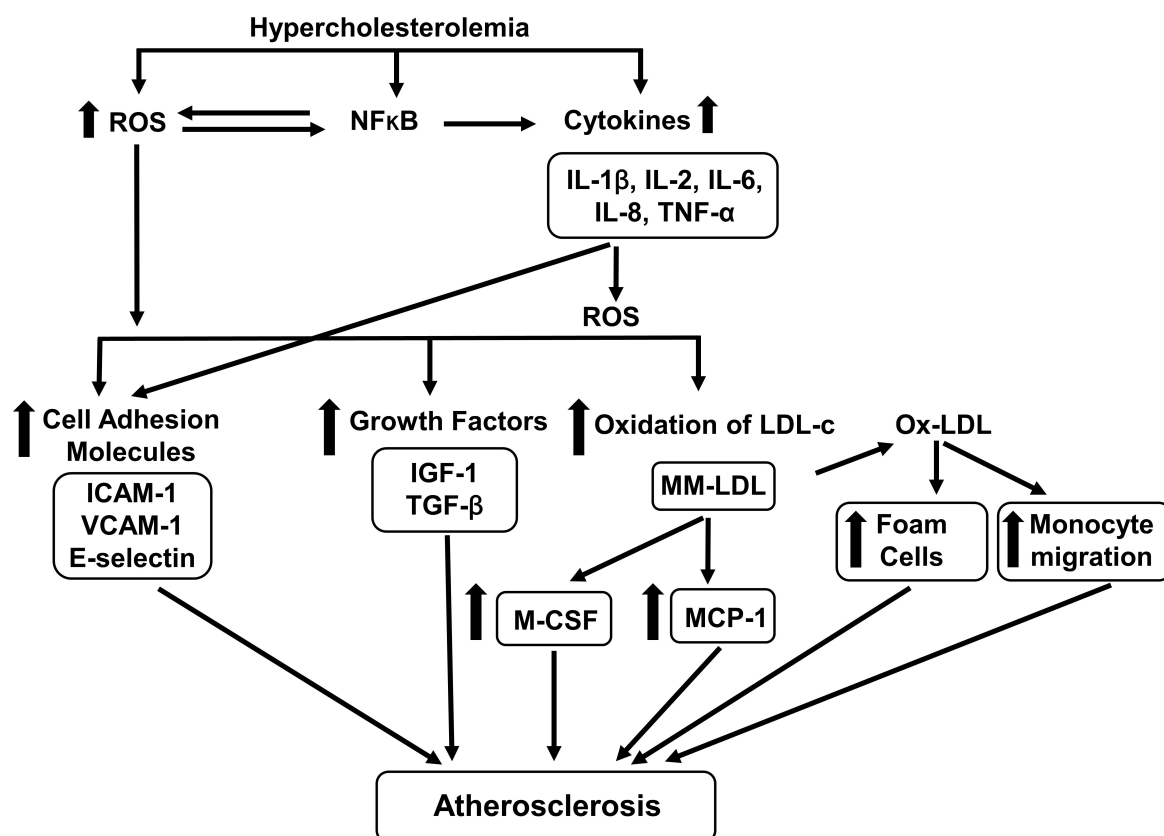


Fig. 1. Effects of hypercholesterolemia on atherogenic biomolecules. Hypercholesterolemia increases the generation of ROS (reactive oxygen species) and cytokines [interleukin (IL)-1, IL-2, IL-6, IL-8, tumor necrosis factor- α (TNF- α)], and activates nuclear factor-kappa B (NF- κ B). Cytokines generate ROS and increase the expression and release of cell adhesion molecules [intercellular adhesion molecule-1 (ICAM-1), vascular cell adhesion molecule-1 (VCAM-1), E-selectin]. ROS increase the expression and release of cell adhesion molecules, growth factors [insulin-like growth factor-1 (IGF-1), transforming growth factor-beta (TGF- β)], and increases oxidation of low-density lipoprotein cholesterol (LDL-C) to form minimally modified LDL (MM-LDL) which is further oxidized to form maximally oxidized-LDL (OX-LDL). MM-LDL produces monocyte chemoattractant protein-1 (MCP-1) and monocyte colony stimulating factor (M-CSF) from endothelial cells. OX-LDL assist in migration of monocytes in subendothelial space and formation of foam cells. All the above biomolecules are involved in the development of atherosclerosis. \rightleftharpoons , rightward and leftward arrow; \uparrow , increase.

2. Effects of Hypercholesterolemia on Atherogenic Biomolecules

Atherogenic biomolecules are defined as the biomolecules which are involved in the induction of atherosclerosis. This section describes the hypercholesterolemia-induced production of atherogenic biomolecules (Fig. 1).

2.1 Hypercholesterolemia-Induced Sources of ROS

There are various sources of hypercholesterolemia-induced increases in ROS. The content of cholesterol in platelets, polymorphonuclear leucocytes (PMNLs), endothelial cells, smooth muscle cells and monocytes are elevated by hypercholesterolemia [28–30]. Thrombin, histamine, and adenosine diphosphate (ADP) are released by cholesterol-rich platelets [31,32]. Phospholipase A₂ is activated by histamine and ADP [33] which act on membrane phospholipids to release arachidonic acid [34]. Increases in

the intracellular Ca²⁺ concentration [35] that occur in hypercholesterolemia [36] would also increase the phospholipase A₂ activity. The formation of arachidonic acid is enhanced by activated phospholipase A₂ and hence an increase in the synthesis of prostaglandins and leukotrienes in various cells. The intermediate steps in the biosynthesis of prostaglandins [37] and leukotrienes [38] from arachidonic acid generate ROS. Leukotriene B₄ (LTB₄) is formed during the metabolism of arachidonic acid by leukocytes. Hypercholesterolemia activates complements component C3 and C5 (C3a and C5a) [39]. The synthesis and release of platelet-activating factor (PAF) are elevated by hypercholesterolemia [35]. Platelet-activating factor increases the formation and release of interleukin-1 (IL-1) [40], and tumor necrosis factor- α (TNF- α) [41]. Platelet-activating factor [42], LTB₄ [43], C3a and C5a [44], interleukin-1 [45] and TNF- α [46] stimulate PMNLs to generate ROS. Hypercholesterolemia accelerates the pro-

duction of ROS in endothelial cells through activation of nicotinamide adenine dinucleotide phosphate (NADPH)-oxidase [47,48]. NADPH-oxidase is the most important modulator of ROS in endothelial cells. The serum levels of CRP in insulin-sensitive subjects are elevated by hyperlipidemia [49]. Prasad [8] has reported that CRP increases the generation of ROS from white blood cells.

2.2 Effects of Hypercholesterolemia on Antioxidants

Reduction in antioxidants would also elevate the serum levels of ROS. Superoxide dismutase (SOD), catalase and glutathione peroxidase (GSH-Px) are enzymatic antioxidants. Superoxide dismutase metabolizes superoxide anion to hydrogen peroxide (H_2O_2) and oxygen, while catalase metabolizes H_2O_2 to $H_2O + O_2$. GSH-Px metabolizes H_2O_2 to water and oxygen. This suggests that the Superoxide anion (oxygen radical) becomes inactive with antioxidant enzymes. Serum levels of SOD and GSH-Px have been reported to be markedly reduced, while catalase activity was elevated in hypercholesterolemic rabbits as compared to control [50]. Vitamin E, an antioxidant, produced an increment in the serum levels SOD and GSH-Px activity without a change in the catalase activity [50]. The activity of aortic SOD, Catalase and GSH-Px were significantly augmented in hypercholesterolemic rabbits [50].

2.3 Role of ROS in the Generation of Biomolecules for Development of Atherosclerosis

ROS have numerous functions in the development of atherosclerosis. It activates nuclear factor-kappa-B (NF- κ B) [51] which in turn activates pro-inflammatory genes of various cytokines such as, interleukin (IL)-1, IL-2, IL-6, IL-8 and TNF- α and interferon- γ (IFN- γ) [40,41]. IL-1 and TNF- α stimulate PMNLs to generate ROS [40,41,51–53]. NF- κ B is a key factor in regulation of NADPH-oxidase expression and function [54]. ROS elevate the expression of intercellular adhesion molecule-1 (ICAM-1) [55,56] and vascular cell adhesion molecule-1 (VCAM-1) [57,58] in endothelial cells. Expression of E-selectin in the human endothelial cell is increased with ROS [59]. The expression of cell adhesion molecules (CAM) is elevated by cytokines [60]. Leukocytes adhesion to endothelial cells is the early step in the development of atherosclerosis [61]. ROS are implicated in the growth, proliferation, and differentiation of vascular smooth muscle cells [62–64]. Insulin-like growth factor-1 (IGF-1) plays a critical role in the growth of vascular smooth muscle cells [65]. ROS increase the formation of IGF-1 in vascular smooth muscle cells and play an important role in the growth of vascular smooth muscle cells [66]. Transforming growth factor (TGF- β) modulates vascular development and remodeling by cell differentiation, proliferation, migration and extracellular matrix formation [67]. ROS activate TGF- β 's which mediate numerous TGF- β fibrogenic effects [68].

Oxidation of LDL-C by ROS has numerous functions

in the development of atherosclerosis [68–72]. LDL-C is mildly oxidized to form minimally modified LDL (MM-LDL) which is further oxidized to form maximally oxidized LDL (OX-LDL). MM-LDL activates smooth muscle cells and endothelial cells to produce monocyte chemoattractant protein-1 (MCP-1) which is involved in the migration of monocytes (leukocytes) from endothelial surface to subendothelial space. Monocytes possess LDL receptors which combine with native LDL, but the amount of native LDL is not enough to form foam cells. MM-LDL stimulates endothelial cells to generate monocyte colony-stimulating factor (MC-SF) which triggers monocyte differentiation into macrophages that develop receptor for OX-LDL. OX-LDL is taken up by differentiated macrophages to form foam cells. An overview on the formation of OX-LDL and its role in the development of atherosclerosis have been reported by Poznyak *et al.* [73]. Parthasarathy *et al.* [70] have reported that OX-LDL is present in the circulating blood. LDL oxidation takes place in the vascular wall [73]. Hashimoto *et al.* [74] have reported that transmigration of monocytes into subendothelial space is assisted by OX-LDL directly through a change in the endothelial junction. Other investigators [75] have reported that OX-LDL assists in the recruitment of monocytes through interaction of platelet with monocytes and endothelial cells. Macrophages are involved in the generation of numerous growth-regulating factors [76]. Plasma LDL has been shown to have a positive correlation with ROS release by mononuclear leucocytes (MNLs) and polymorphonuclear leukocytes (PMNLs) [77].

Triglycerides (TG) enhance the generation of ROS and secretion of TGF- β and IL- β [78,79]. Araujo *et al.* [77] have reported that plasma triglycerides were positively correlated with the release of ROS by MNLs and PMNLs. Triglycerides increase the expression of cytokines (IL-1, IL-6, IL-8, TNF- α) [80] and adhesion molecules (ICAM-1, VCAM-1) [81].

HDL-C has antiatherogenic properties. Plasma HDL-C has a negative correlation with ROS release by resting MNLs and PMNLs [77]. It has antioxidant activity [82] and has inhibitory effects on LDL oxidation [83]. HDL-C reduces the expression of MCP-1 [84] and prevents the CRP-induced upregulation of proinflammatory adhesion molecules [85].

3. Mechanism of Hypercholesterolemia-Induced Atherosclerosis

Hypercholesterolemia-induced atherosclerosis is based on the oxidative hypothesis of atherosclerosis which has been accepted universally [71,72,76,86]. The proposed mechanism of atherosclerosis produced by hypercholesterolemia is depicted in Fig. 2. Hypercholesterolemia augments the production of ROS [37,38,42–46] and cytokines [40,41] which increase the expression of CAM

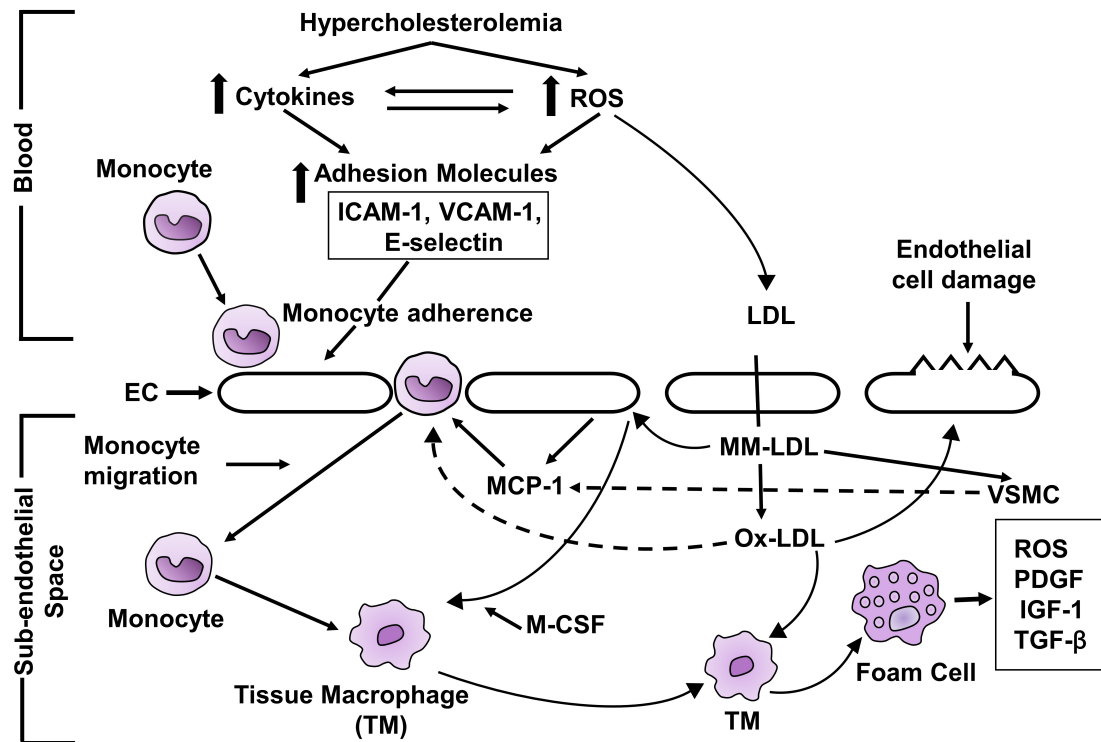


Fig. 2. Schematic diagram of mechanism of hypercholesterolemia-induced atherosclerosis. ROS, reactive oxygen species; ICAM-1, intercellular adhesion molecule-1; VCAM-1, vascular cell adhesion molecule-1; EC, endothelial cell; LDL, low-density lipoprotein; MM-LDL, minimally modified LDL; Ox-LDL, maximally oxidized LDL; MCP-1, monocyte chemoattractant protein; VSMC, vascular smooth muscle cell; MC-SF, monocyte colony stimulating factor; TM, tissue macrophage; PDGF, platelet-derived growth factor; IGF-1, insulin-like growth factor-1; TGF- β , and transforming growth factor- β . \uparrow , increase; \rightleftharpoons , rightward and leftward arrow.

[55–58]. CAM [55–58] in endothelial cells. The early step in the development of atherosclerosis is adherence of monocytes to endothelial cells [61] and which is achieved through CAM. CAM is involved in the rolling and adhesion of monocytes to the endothelial cells. Monocyte then transmigrates into subendothelial space [87]. MM-LDL produce monocyte chemoattractant protein-1 (MCP-1) in endothelial cells and vascular smooth muscle cells [88]. The migration of monocytes to the subendothelial space is assisted by MCP-1 [89]. Ox-LDL increases the expression of cell adhesion molecules [90]. Ox-LDL directly enhances the migration of monocytes to subendothelial space. Immigrating monocytes into the subendothelial space have LDL receptor but the rate of uptake of native LDL is not enough to produce foam cells [91]. MM-LDL stimulates endothelial cells to express MC-SF [92] that enhances the monocyte differentiation to form tissue macrophages which develop receptors for Ox-LDL [92]. Ox-LDL is a ligand for scavenger receptors which are expressed in tissue macrophages [93]. Ox-LDL is taken up by tissue macrophage to form foam cells. Foam cells are involved in formation of numerous growth factors which enhance vascular smooth muscle cell proliferation and migration and fibrous tissue synthesis which helps in the development and progression of atherosclerosis. There is a development

of fatty streaks in full-fledged atherosclerosis.

4. Evidence for the Role of Hypercholesterolemia-Induced ROS in the Development of Atherosclerosis

As described above, hypercholesterolemia generates ROS. The question arises if hypercholesterolemia-induced ROS induces atherosclerosis. This section describes the increases in the levels of ROS and the indirect measures of ROS in hypercholesterolemic atherosclerosis. Indirect measures of ROS include lipid peroxidation products, malondialdehyde (MDA) [94,95], aortic tissue chemiluminescence (AO-CL) [96], a polymorphonuclear leukocyte chemiluminescence (PMNL-CL) [97] and white blood cell chemiluminescence (WBC-CL) [97]. AO-CL is a measure of antioxidant reserve [96]. An increase in AO-CL suggests a decrease in the antioxidant reserve and vice-versa. Luminol-dependent chemiluminescence is a highly sensitive method for measurement of ROS generated by PMNLs and WBCs [97].

Hypercholesterolemic atherosclerosis was associated with increases in the serum [20,97–101] and aortic MDA [19,96,97], PMNL-CL [96], WBC-CL [96,98,101] and aortic-CL [96,97]. However, the aortic-CL has been observed to be reduced in certain studies [98–102]. Aortic-

CL is a measure of both oxidative stress and antioxidant reserve in the tissue [103]. If hypercholesterolemia increases the indirect measure of ROS and produces atherosclerosis, then lowering serum levels of cholesterol would be associated with reduction in the extent of atherosclerosis and the levels of both direct and the indirect measure of ROS. We describe the agents which have both antioxidant and hypolipidemic effects on hypercholesterolemic atherosclerosis and ROS. Secoisolariciresinol diglucoside (SDG) a product of flaxseed reduced the serum levels of cholesterol and this reduction was associated with a reduction in the extent of hypercholesterolemic atherosclerosis, aortic MDA and aortic-CL [104]. Flax lignin complex, a byproduct of flaxseed reduced hypercholesterolemic atherosclerosis by 30%, and this effect was associated with a lowering of serum levels of cholesterol by 20%, serum MDA by 35% and aortic MDA by 58% in rabbits [99]. It is to note that both SDG and flax lignan complex have antioxidant activity [99,105,106]. Probulcol, an antioxidant and cholesterol-lowering agent [107] decreased the extent of hypercholesterolemic atherosclerosis, and aortic tissue MDA, but had no effects on aortic-CL [96].

We now discuss the effects of antioxidants on hypercholesterolemic atherosclerosis and ROS. Since ROS is implicated in the formation of atherosclerosis, the antioxidants would reduce the evolution of hypercholesterolemic atherosclerosis and associated indirect measures of ROS. Vitamin E, an antioxidant [108], reduced hypercholesterolemic atherosclerosis and this was associated with a decrease in serum and aortic MDA but had no effect on serum cholesterol [20].

Sources of hypercholesterolemia-induced ROS include the synthesis of prostaglandins and leukotrienes [37, 38], activated complements [39,44], PAF [42], and cytokines [45,46]. Hence inhibitors of the enzyme of synthesis of prostaglandin and leukotrienes, PAF, cytokines and activated compliments would decrease the formation of hypercholesterolemic atherosclerosis and ROS levels. Inhibitors of cyclooxygenase which is involved in the synthesis of prostaglandin and leukotrienes such as aspirin [109], and indomethacin [110] were used in the prevention of hypercholesterolemic atherosclerosis and reduction of ROS. Aspirin did not affect the serum levels of cholesterol in rabbits with hypercholesterolemia but reduced atherosclerosis by 47% and this effect was associated with lowering of serum and aortic tissue MDA, release of ROS from WBC-CL, and aortic-CL [101]. Indomethacin decreased the extent of hypercholesterolemic atherosclerosis by 46% and this effect was associated with a decrease in aortic MDA and antioxidant reserve, but no change in the serum cholesterol, and WBC-CL [111]. Pentoxifylline an inhibitor of cytokines [112], and PAF [113,114] had no effect on serum cholesterol but the extent of hypercholesterolemia-induced atherosclerosis was lowered by 38% and this effect was associated with a reduction in serum and aortic tissue MDA,

and normalization of aortic-CL [115].

5. Serum/Plasma/Tissue Levels of Atherogenic Biomolecules in Hypercholesterolemia

Are the atherogenic biomolecules such as serum/plasma/tissue levels of ROS, NADPH-oxidase, NF- κ B, CAM, cytokines, MCP-1, GM-CSF, PAF, LTB₄, activated complements, IGF-1, and TGF-1 elevated in hypercholesterolemia? One would expect these atherogenic biomolecules to be elevated in hypercholesterolemia.

The increases in the serum/tissue levels of ROS in hypercholesterolemic rabbits have been described in detail in section 4 of this review. Hypercholesterolemia increases the activity of the oxidant producing enzyme system, NADPH-oxidase [116], and xanthine oxidase [117]. Hypercholesterolemia activates NF- κ B [118]. Circulating NF- κ B is elevated in familial hypercholesterolemia [119]. Hypercholesterolemia increases the soluble cell adhesion molecules (sICAM-1, sVCAM-1, sE-selectin) [120–122]. The serum levels of IL-6, IL-8, IL-12, TNF- α and IFN- γ increased, while that of IL-4 and IL-10 decreased in hypercholesterolemia [123–125]. Hypercholesterolemia increases the levels of circulating MCP-1 [123]. The serum levels of GM-CSF are elevated in hypercholesterolemic patients [126]. Plasma levels of PAF have been reported to rise in hypercholesterolemic patients [127]. Plasma levels of LTB₄, which promotes atherosclerosis [102], are elevated in hypercholesterolemic rats [128]. Activated C3 is elevated in hypercholesterolemic apo-E-null mice and patients with familial hypercholesterolemia [129]. In summary, the atherogenic biomolecules are elevated in hypercholesterolemic subjects.

6. Involvement of AGE and Its Receptors in Hypercholesterolemic Atherosclerosis

AGEs are heterogeneous groups of irreversible adducts produced from the nonenzymatic interaction of amino groups of protein, lipids, and nucleic acids with reducing sugars such as glucose, fructose, and glyceraldehyde [130,131]. Receptors for AGE include RAGE, sRAGE, esRAGE, and cRAGE (cleaved RAGE). RAGE is bound to the cell membrane, while sRAGE, esRAGE, and cRAGE circulate in the blood. RAGE has two isoforms, esRAGE and cRAGE. cRAGE is cleaved from RAGE by proteolytic enzymes [132] and esRAGE is produced from alternate mRNA splicing of full-length RAGE [133]. sRAGE contains both cRAGE and esRAGE. sRAGE, esRAGE, and cRAGE lack the cytosolic and transmembrane domain and circulate in the blood. Interaction between AGE with RAGE produces atherogenic biomolecules [23,134]. The binding of sRAGE, cRAGE and esRAGE with AGE does not activate intracellular signaling and does not produce atherogenic biomolecules. There is a competition between RAGE and sRAGE for binding with AGE [135]. Thus,

sRAGE and esRAGE have protective effects against adverse effects of interaction of AGE with RAGE. AGE-RAGE stress, defined as the ratio of AGE/sRAGE has been coined by Prasad and Mishra [136]. A high ratio of AGE/sRAGE indicates the presence and progression of atherosclerosis.

The serum levels of AGE and AGE/sRAGE were higher, while the sRAGE levels were lower in hypercholesterolemic subjects than normocholesterolemic subjects [137]. The above investigators also reported that there was a positive correlation between serum cholesterol levels and the levels of AGE and AGE/sRAGE, and a negative correlation between serum cholesterol and sRAGE. Santilli *et al.* [138] have also reported that hypercholesterolemic subjects had lower serum levels of sRAGE than normocholesterolemic subjects. Hypercholesterolemia-induced AGE would interact with RAGE to generate ROS [139], which would activate NF- κ B [51] and has been discussed in detail in the section on “Role of ROS in the development of atherosclerosis” of this paper. The mechanism of AGE-RAGE stress in the formation of atherosclerosis has been described in detail elsewhere [23,134]. The following section provides the evidence of the implication of AGE, RAGE and sRAGE in the development of atherosclerosis.

The levels of AGE and RAGE were elevated in the wall of the carotid artery of Zucker diabetic rats, and these levels were further elevated in the balloon-injured carotid artery of these rats [140]. These authors also reported that sRAGE administration before and for 21 days post-balloon injury reduced the neointimal hyperplasia in the carotid artery. De-endothelialization of the carotid artery in wild type mice has been shown to elevate the expression of RAGE in injured arteries [141]. They also observed that use of sRAGE reduced neointimal hyperplasia in these mice. Wendt *et al.* [27] have shown that diabetes-accelerated atherosclerosis in apo-E deficient mice had increased expression of VCAM-1 in the aorta, and that sRAGE administration significantly reduced the atherosclerotic lesion in the aorta. Administration of sRAGE completely suppressed the accelerated and advanced atherosclerosis in apo-E deficient mice [142]. Serum levels of sRAGE were reduced in Non-ST-segment elevated myocardial infarction [25]. Serum levels of sRAGE were reduced in patients with restenosis following percutaneous coronary intervention (PCI) [26]. Low pre-PCI sRAGE levels in serum have been reported to be a predictor of post-PCI restenosis in NSTEMI patients [26]. AGE-RAGE stress has been reported to play a role in the development of coronary artery disease [134,143] and carotid artery stenosis [144].

7. Role of CRP in Hypercholesterolemic Atherosclerosis

A hypercholesterolemic diet increases the serum levels of CRP [49]. CRP can induce atherosclerosis through the generation of ROS [8,145,146] activation of NF- κ B

[147], and increased expression of CAM [148], and MCP-1 [149]. CRP increases the release of MC-SF [150]. CRP has been implicated in the development of CAD, peripheral vascular disease, and post-PCI restenosis [151]. The data suggest that hypercholesterolemia-induced increase in CRP could also be involved in the development of hypercholesterolemic atherosclerosis through generation of numerous atherogenic biomolecules.

8. Perspectives

Hypercholesterolemia increases the production of ROS which sets the stage for the production of other atherogenic biomolecules [27–48] leading to the formation of atherosclerosis. Reduction in antioxidant enzymes by high blood cholesterol would also elevate the ROS levels [50]. Hypercholesterolemia-induced atherosclerosis is associated with increases in the serum/plasma/tissue levels of direct and indirect measures of ROS [19,20,96–101,104]. Blockade of the ROS with antioxidant (vitamin E) [20], hypolipidemic and antioxidant agents (SDG [104], flax lignan complex [99], and probucol [96]), cyclooxygenase inhibitors (aspirin) [101] and indomethacin [111], and inhibitors of cytokines and PAF (pentoxifylline [115]) decreased the development of hypercholesterolemic atherosclerosis and amount of ROS. The above data indicate that there is an association between hypercholesterolemic atherosclerosis and ROS, while lowering the serum cholesterol and blockade of sources ROS reduces the extent of atherosclerosis and ROS. It is to note that hypercholesterolemia elevates the serum levels of AGE [137] and AGE/sRAGE [137], and lowers the serum levels of sRAGE [135,136]. An increase in AGE and AGE/sRAGE, and a decrease in sRAGE in the serum have been implicated in the development of atherosclerosis [23,134,137]. Hypercholesterolemia has been reported to elevate the serum levels of CRP in human subjects [49]. A rise in C-reactive protein increases the serum levels of atherogenic biomolecules [146–150] and induces development of atherosclerosis [151]. It is surprising that there are limited publications on the effects of hypercholesterolemia on C-reactive protein and AGE-RAGE axis. Hypercholesterolemia increases the production of AGE, CRP, and ROS, and decreases the production of sRAGE all of which are implicated in the formation of atherosclerosis. Lowering of AGE and C-reactive protein, raising of sRAGE, and use of antioxidants may be considered as an adjunct therapy besides lipid lowering agents for the treatment of hypercholesterolemia.

9. Conclusions

Hypercholesterolemia induces atherosclerosis through increases in the atherogenic biomolecules (ROS, NADPH-oxidase, NF- κ B, CAM, MCP-1, GM-CSF, cytokines, MM-LDL, OX-LDL and growth factors). The initiating atherogenic biomolecule is ROS. Lipid-

lowering agents, antioxidants, and the agents that block the sources of atherogenic biomolecules would reduce the development of hypercholesterolemic atherosclerosis. Hypercholesterolemia could also produce atherosclerosis through increases in AGE, AGE/sRAGE and CRP, and decreases in the levels of sRAGE.

Author Contributions

KP designed the study and wrote the manuscript. MM made the figures and reviewed the manuscript. All authors contributed to editorial changes in the manuscript. All authors read and approved the final manuscript.

Ethics Approval and Consent to Participate

Not applicable.

Acknowledgment

Not applicable.

Funding

This research received no external funding.

Conflict of Interest

The authors declare no conflict of interest. KP is serving as one of the Editorial Board members of this journal. We declare that KP had no involvement in the peer review of this article and has no access to information regarding its peer review. Full responsibility for the editorial process for this article was delegated to Karol E. Watson and Morris Karmazyn.

References

- [1] Centers for Disease Control and Prevention. National ambulatory medical care survey: 2009 summary tables. 2009. Available at: https://www.cdc.gov/nchs/data/ahcd/namcs_summary/2009_namcs_web_tables.pdf (Accessed: 19 February 2020).
- [2] Gidding SS, Allen NB. Cholesterol and atherosclerotic cardiovascular diseases: a lifelong problem. *Journal of the American Heart Association*. 2019; 8: e012924.
- [3] Castelli WP. Cholesterol and lipids in the risk of coronary artery disease—the Framingham Heart Study. *The Canadian Journal of Cardiology*. 1988; 4: 5A–10A.
- [4] Kannel WB. Diabetes and Cardiovascular Disease. The Framingham study. *The Journal of the American Medical Association*. 1979; 241: 2035.
- [5] British Heart Foundation (Factfile 8/2001). Stopping Smoking – Evidence-Based Guidance. 2001. Available at: http://www.bhsoc.org/files/8213/4399/2345/bhf_factfile_aug_2001.pdf (Accessed: 23 July 2017).
- [6] Poirier P, Giles TD, Bray GA, Hong Y, Stern JS, Pi-Sunyer FX, *et al.* Obesity and Cardiovascular Disease: Pathophysiology, Evaluation, and Effect of Weight Loss: an update of the 1997 American Heart Association Scientific Statement on Obesity and Heart Disease from the Obesity Committee of the Council on Nutrition, Physical Activity, and Metabolism. *Circulation*. 2006; 113: 898–918.
- [7] Glueck CJ, Shaw P, Lang JE, Tracy T, Sieve-Smith L, Wang Y. Evidence that homocysteine is an independent risk factor for atherosclerosis in hyperlipidemic patients. *The American Journal of Cardiology*. 1995; 75: 132–136.
- [8] Prasad K. C-Reactive Protein Increases Oxygen Radical Generation by Neutrophils. *Journal of Cardiovascular Pharmacology and Therapeutics*. 2004; 9: 203–209.
- [9] Kannel WB. Role of Blood Pressure in Cardiovascular Disease: the Framingham Study. *Angiology*. 1975; 26: 1–14.
- [10] Anderson KM. Cholesterol and Mortality. 30 years of follow-up from the Framingham study. *The Journal of the American Medical Association*. 1987; 257: 2176.
- [11] Davis CE. A Single Cholesterol Measurement Underestimates the Risk of Coronary Heart Disease. An empirical example from the Lipid Research Clinics Mortality Follow-up Study. *The Journal of the American Medical Association*. 1990; 264: 3044.
- [12] Howard BV, Robbins DC, Sievers ML, Lee ET, Rhoades D, Devereux RB, *et al.* LDL Cholesterol as a Strong Predictor of Coronary Heart Disease in Diabetic Individuals with Insulin Resistance and Low LDL: The Strong Heart Study. *Arteriosclerosis, Thrombosis, and Vascular Biology*. 2000; 20: 830–835.
- [13] Sarwar N, Danesh J, Eiriksdottir G, Sigurdsson G, Wareham N, Bingham S, *et al.* Triglycerides and the Risk of Coronary Heart Disease: 10,158 incident cases among 262,525 participants in 29 Western prospective studies. *Circulation*. 2007; 115: 450–458.
- [14] Morrison A, Hokanson JE. The independent relationship between triglycerides and coronary heart disease. *Vascular Health and Risk Management*. 2009; 5: 89–95.
- [15] Rubin EM, Krauss RM, Spangler EA, Verstuyft JG, Clift SM. Inhibition of early atherogenesis in transgenic mice by human apolipoprotein AI. *Nature*. 1991; 353: 265–267.
- [16] Karathanasis SK, Ferris E, Haddad IA. DNA inversion within the apolipoproteins AI/CIII/AIV-encoding gene cluster of certain patients with premature atherosclerosis. *Proceedings of the National Academy of Sciences*. 1987; 84: 7198–7202.
- [17] Grundy SM. Atherogenic dyslipidemia: Lipoprotein abnormalities and implications for therapy. *The American Journal of Cardiology*. 1995; 75: 45B–52B.
- [18] Millán J, Pintó X, Muñoz A, Zúñiga M, Rubiés-Prat J, Pallardo LF, *et al.* Lipoprotein ratios: Physiological significance and clinical usefulness in cardiovascular prevention. *Vascular Health and Risk Management*. 2009; 5: 757–765.
- [19] Prasad K. Flax Lignan Complex Slows down the Progression of Atherosclerosis in Hyperlipidemic Rabbits. *Journal of Cardiovascular Pharmacology and Therapeutics*. 2009; 14: 38–48.
- [20] Prasad K, Kalra J. Oxygen free radicals and hypercholesterolemic atherosclerosis: Effect of vitamin E. *American Heart Journal*. 1993; 125: 958–973.
- [21] Yang X, Li Y, Li Y, Ren X, Zhang X, Hu D, *et al.* Oxidative Stress-Mediated Atherosclerosis: Mechanisms and Therapies. *Frontiers in Physiology*. 2017; 8: 600.
- [22] Kattoor AJ, Pothineni NVK, Palagiri D, Mehta JL. Oxidative Stress in Atherosclerosis. *Current Atherosclerosis Reports*. 2017; 19: 42.
- [23] Prasad K, Bhanumathy KK. AGE-RAGE Axis in the Pathophysiology of Chronic Lower Limb Ischemia and a Novel Strategy for its Treatment. *International Journal of Angiology*. 2020; 29: 156–167.
- [24] Prasad K, Dhar I, Caspar-Bell G. Role of Advanced Glycation End Products and Its Receptors in the Pathogenesis of Cigarette Smoke-Induced Cardiovascular Disease. *International Journal of Angiology*. 2015; 24: 75–80.
- [25] McNair E, Wells C, Qureshi A, Basran R, Pearce C, Orvold J, *et al.* Low levels of soluble receptor for advanced glycation end products in non-ST elevation myocardial infarction patients. *International Journal of Angiology*. 2009; 18: 187–192.
- [26] McNair ED, Wells CR, Mabood Qureshi A, Basran R, Pearce C, Orvold J, *et al.* Soluble Receptors for Advanced Glycation End Products (sRAGE) as a Predictor of Restenosis Following

- Percutaneous Coronary Intervention. *Clinical Cardiology*. 2010; 33: 678–685.
- [27] Wendt TM. Accelerated atherosclerosis and vascular inflammation develop in apoE null mice with type 2 diabetes. *Circulation*. 2000; 102: II-231.
 - [28] Görög P, Kakkar VV. Increased uptake of monocyte-treated low density lipoproteins by aortic endothelium in vivo. *Atherosclerosis*. 1987; 65: 99–107.
 - [29] Prisco D, Rogasi PG, Matucci M, Paniccia R, Abbate R, Gensini GF, *et al.* Age related changes in platelet lipid composition. *Thrombosis Research*. 1986; 44: 427–437.
 - [30] Stuart MJ, Gerrard JM, White JG. Effect of cholesterol on production of thromboxane b2 by platelets in vitro. *The New England Journal of Medicine*. 1980; 302: 6–10.
 - [31] Henry R. Platelet Function. *Seminars in Thrombosis and Hemostasis*. 1977; 4: 93–122.
 - [32] Shattil SJ, Anaya-Galindo R, Bennett J, Colman RW, Cooper RA. Platelet hypersensitivity induced by cholesterol incorporation. *Journal of Clinical Investigation*. 1975; 55: 636–643.
 - [33] Ruzicka T, Printz MP. Arachidonic acid metabolism in skin: a review. *Reviews of Physiology, Biochemistry and Pharmacology*. 1984; 92: 121–160.
 - [34] Van Den Bosch H. Intracellular phospholipases A. *Biochimica Et Biophysica Acta (BBA) - Biomembranes*. 1980; 604: 191–246.
 - [35] Whatley RE, Nelson P, Zimmerman GA, Stevens DL, Parker CJ, McIntyre TM, *et al.* The Regulation of Platelet-activating Factor Production in Endothelial Cells. The role of calcium and protein kinase C. *Journal of Biological Chemistry*. 1989; 264: 6325–6333.
 - [36] Le Quan-Sang KH, Levenson J, Simon A, Meyer P, Devynck MA. Platelet cytosolic free Ca²⁺ concentration and plasma cholesterol in untreated hypertensives. *Journal of Hypertension, Supplement*. 1987; 5: S251–S254.
 - [37] Egan RW, Paxton J, Kuehl FA. Mechanism for irreversible self-deactivation of prostaglandin synthetase. *Journal of Biological Chemistry*. 1976; 251: 7329–7335.
 - [38] Murota S, Morita I, Suda N. The Control of Vascular Endothelial Cell Injury. *Annals of the New York Academy of Sciences*. 1990; 598: 182–187.
 - [39] Vogt W, von Zabern I, Damerau B, Hesse D, Lühmann B, Nolte R. Mechanisms of complement activation by crystalline cholesterol. *Molecular Immunology*. 1985; 22: 101–106.
 - [40] Pignol B, Hénane S, Mencia-Huerta J, Rola-Pleszczynski M, Braquet P. Effect of platelet-activating factor (PAF-acether) and its specific receptor antagonist, BN 52021, on interleukin 1 (IL1) release and synthesis by rat spleen adherent monocytes. *Prostaglandins*. 1987; 33: 931–939.
 - [41] Bonavida B, Mencia-Huerta J-, Braquet P. Effect of Platelet-Activating Factor on Monocyte Activation and Production of Tumor Necrosis Factor. *International Archives of Allergy and Immunology*. 1989; 88: 157–160.
 - [42] Hanahan DJ. Platelet Activating Factor: a Biologically Active Phosphoglyceride. *Annual Review of Biochemistry*. 1986; 55: 483–509.
 - [43] Ford-Hutchinson AW, Bray MA, Doig MV, Shipley ME, Smith MJH. Leukotriene B, a potent chemokinetic and aggregating substance released from polymorphonuclear leukocytes. *Nature*. 1980; 286: 264–265.
 - [44] Webster RO, Hong SR, Johnston RB, Henson PM. Biological effects of the human complement fragments C5a and C5ades Arg on neutrophil function. *Immunopharmacology*. 1980; 2: 201–219.
 - [45] Braquet P, Hosford D, Braquet M, Bourgain R, Bussolino F. Role of Cytokines and Platelet-Activating Factor in Microvascular Immune Injury. *International Archives of Allergy and Immunology*. 1989; 88: 88–100.
 - [46] Paubert-Braquet M, Lonchamp M, Klotz P, Guilbaud J. Tumor necrosis factor (TNF) primes platelet activating factor (PAF)-induced superoxide generation by human neutrophils (PMN): Consequences in promoting PMN-mediated endothelial cell (EC) damages. *Prostaglandins*. 1988; 35: 803.
 - [47] Ohara Y, Peterson TE, Harrison DG. Hypercholesterolemia increases endothelial superoxide anion production. *Journal of Clinical Investigation*. 1993; 91: 2546–2551.
 - [48] Warnholtz A, Nickenig G, Schulz E, Macharzina R, Bräsen JH, Skatchkov M, *et al.* Increased NADH-Oxidase-Mediated Superoxide Production in the Early Stages of Atherosclerosis: evidence for involvement of the renin-angiotensin system. *Circulation*. 1999; 99: 2027–2033.
 - [49] Tannock LR, O'Brien KD, Knopp RH, Retzlaff B, Fish B, Wener MH, *et al.* Cholesterol Feeding Increases C-Reactive Protein and Serum Amyloid A Levels in Lean Insulin-Sensitive Subjects. *Circulation*. 2005; 111: 3058–3062.
 - [50] Mantha SV, Prasad M, Kalra J, Prasad K. Antioxidant enzymes in hypercholesterolemia and effects of vitamin E in rabbits. *Atherosclerosis*. 1993; 101: 135–144.
 - [51] Hofmann MA, Drury S, Fu C, Qu W, Taguchi A, Lu Y, *et al.* RAGE mediates a novel proinflammatory axis: a central cell surface receptor for S100/calgranulin polypeptides. *Cell*. 1999; 97: 889–901.
 - [52] Basta G, Del Turco S, Marchi F, Navarra T, Battaglia D, Mercuri A, *et al.* Elevated soluble receptor for advanced glycation end product levels in patients with acute coronary syndrome and positive cardiac troponin I. *Coronary Artery Disease*. 2011; 22: 590–594.
 - [53] Siebenlist U, Franzoso G, Brown K. Structure, Regulation and Function of NF-kappaB. *Annual Review of Cell Biology*. 1994; 10: 405–455.
 - [54] Anrather J, Racchumi G, Iadecola C. NF-kappaB regulates phagocytic NADPH oxidase by inducing the expression of gp91phox. *Journal of Biological Chemistry*. 2006; 281: 5657–5667.
 - [55] Chiu JJ, Wung BS, Shyy JYJ, Hsieh HJ, Wang DL. Reactive Oxygen Species are Involved in Shear Stress-Induced Inter-cellular Adhesion Molecule-1 Expression in Endothelial Cells. *Arteriosclerosis, Thrombosis, and Vascular Biology*. 1997; 17: 3570–3577.
 - [56] Sellak H, Franzini E, Hakim J, Pasquier C. Reactive oxygen species rapidly increase endothelial ICAM-1 ability to bind neutrophils without detectable upregulation. *Blood*. 1994; 83: 2669–2677.
 - [57] Cook-Mills JM, Marchese ME, Abdala-Valencia H. Vascular Cell Adhesion Molecule-1 Expression and Signaling during Disease: Regulation by Reactive Oxygen Species and Antioxidants. *Antioxidants & Redox Signaling*. 2011; 15: 1607–1638.
 - [58] Kim SR, Bae YH, Bae SK, Choi KS, Yoon KH, Koo TH, *et al.* Visfatin enhances ICAM-1 and VCAM-1 expression through ROS-dependent NF-kappaB activation in endothelial cells. *Biochimica et Biophysica Acta (BBA)-Molecular Cell Research*. 2008; 1783: 886–895.
 - [59] Rahman A, Kefer J, Bando M, Niles WD, Malik AB. E-selectin expression in human endothelial cells by TNF-alpha-induced oxidant generation and NF-kappaB activation. *American Journal of Physiology*. 1998; 275: L533–L544.
 - [60] De Caterina R, Libby P, Peng HB, Thannickal VJ, Rajavashisth TB, Gimbrone MA, *et al.* Nitric oxide decreases cytokine-induced endothelial activation. Nitric oxide selectively reduces endothelial expression of adhesion molecules and proinflammatory cytokines. *Journal of Clinical Investigation*. 1995; 96: 60–68.
 - [61] Li H, Cybulsky MI, Gimbrone MA, Libby P. An atherogenic

- diet rapidly induces VCAM-1, a cytokine-regulatable mononuclear leukocyte adhesion molecule, in rabbit aortic endothelium. *Arteriosclerosis and Thrombosis*. 1993; 13: 197–204.
- [62] Antoniadis C, Antonopoulos A, Bendall J, Channon K. Targeting Redox Signaling in the Vascular Wall: from Basic Science to Clinical Practice. *Current Pharmaceutical Design*. 2009; 15: 329–342.
 - [63] Heistad DD, Wakisaka Y, Miller J, Chu Y, Pena-Silva R. Novel Aspects of Oxidative Stress in Cardiovascular Diseases. *Circulation Journal*. 2009; 73: 201–207.
 - [64] Lang Y, Chen D, Li D, Zhu M, Xu T, Zhang T, *et al.* Luteolin inhibited hydrogen peroxide-induced vascular smooth muscle cells proliferation and migration by suppressing the Src and Akt signalling pathways. *Journal of Pharmacy and Pharmacology*. 2012; 64: 597–603.
 - [65] Delafontaine P. Insulin-like growth factor i and its binding proteins in the cardiovascular system. *Cardiovascular Research*. 1995; 30: 825–834.
 - [66] Delafontaine P. Reactive oxygen species stimulate insulin-like growth factor i synthesis in vascular smooth muscle cells. *Cardiovascular Research*. 1997; 33: 216–222.
 - [67] Bobik A. Transforming growth factor-betas and vascular disorders. *Arteriosclerosis, Thrombosis, and Vascular Biology*. 2006; 26: 1712–1720.
 - [68] Liu R, Desai LP. Reciprocal regulation of TGF- β and reactive oxygen species: a perverse cycle for fibrosis. *Redox Biology*. 2015; 6: 565–577.
 - [69] Levitan I, Volkov S, Subbaiah PV. Oxidized LDL: Diversity, Patterns of Recognition, and Pathophysiology. *Antioxidants & Redox Signaling*. 2010; 13: 39–75.
 - [70] Parthasarathy S, Raghavamenon A, Garelnabi MO, Santanam N. Oxidized Low-Density Lipoprotein. *Methods in Molecular Biology*. 2010; 81: 403–417.
 - [71] Steinberg D. Antioxidants and atherosclerosis. a current assessment. *Circulation*. 1991; 84: 1420–1425.
 - [72] Steinberg D, Witztum JL. Is the Oxidative Modification Hypothesis Relevant to Human Atherosclerosis? Do the antioxidant trials conducted to date refute the hypothesis? *Circulation*. 2002; 105: 2107–2111.
 - [73] Poznyak AV, Nikiforov NG, Markin AM, Kashirskikh DA, Myasoedova VA, Gerasimova EV, *et al.* Overview of OxLDL and Its Impact on Cardiovascular Health: Focus on Atherosclerosis. *Frontiers in Pharmacology*. 2020; 11: 613780.
 - [74] Hashimoto K, Kataoka N, Nakamura E, Tsujioka K, Kajiya F. Oxidized LDL specifically promotes the initiation of monocyte invasion during transendothelial migration with upregulated PECAM-1 and downregulated VE-cadherin on endothelial junctions. *Atherosclerosis*. 2007; 194: e9–e17.
 - [75] Gleissner CA, Leitinger N, Ley K. Effects of Native and Modified Low-Density Lipoproteins on Monocyte Recruitment in Atherosclerosis. *Hypertension*. 2007; 50: 276–283.
 - [76] Prasad K. Pathophysiology of Atherosclerosis. *Textbook of Angiology*. 2000; 295: 85–105.
 - [77] Araujo FB, Barbosa DS, Hsin CY, Maranhão RC, Abdalla DSP. Evaluation of oxidative stress in patients with hyperlipidemia. *Atherosclerosis*. 1995; 117: 61–71.
 - [78] Toth PP. Triglyceride-rich lipoproteins as a causal factor for cardiovascular disease. *Vascular Health and Risk Management*. 2016; 12: 171–183.
 - [79] Shin HK, Kim YK, Kim KY, Lee JH, Hong KW. Remnant Lipoprotein Particles Induce Apoptosis in Endothelial Cells by NAD(P)H Oxidase-Mediated Production of Superoxide and Cytokines via Lectin-Like Oxidized Low-Density Lipoprotein Receptor-1 Activation. *Circulation*. 2004; 109: 1022–1028.
 - [80] Dhindsa D, Shapiro MD. Triglycerides, remnant cholesterol and cardiovascular disease. *Expert Analysis*. American College of Angiology. 2019. Available at: <https://www.acc.org> (Accessed: 7 February 2019).
 - [81] Kavazarakis E, Moustaki M, Gourgiotis D, Zeis PM, Bossios A, Mavri A, *et al.* The Impact of Serum Lipid Levels on Circulating Soluble Adhesion Molecules in Childhood. *Pediatric Research*. 2002; 52: 454–458.
 - [82] Brites F, Martin M, Guillas I, Kontush A. Antioxidative activity of high-density lipoprotein (HDL): Mechanistic insights into potential clinical benefit. *BBA Clinical*. 2017; 8: 66–77.
 - [83] Mackness B, Hine D, Liu Y, Mastorikou M, Mackness M. Paraoxonase-1 inhibits oxidized LDL-induced MCP-1 production by endothelial cells. *Biochemical and Biophysical Research Communications*. 2004; 318: 680–683.
 - [84] Tölle M, Pawlak A, Schuchardt M, Kawamura A, Tietge UJ, Lorkowski S, *et al.* HDL-Associated Lysosphingolipids Inhibit NAD(P)H Oxidase-Dependent Monocyte Chemoattractant Protein-1 Production. *Arteriosclerosis, Thrombosis, and Vascular Biology*. 2008; 28: 1542–1548.
 - [85] Wadham C, Albanese N, Roberts J, Wang L, Bagley CJ, Gamble JR, *et al.* High-Density Lipoproteins Neutralize C-Reactive Protein Proinflammatory Activity. *Circulation*. 2004; 109: 2116–2122.
 - [86] Schwartz CJ, Valente AJ, Sprague EA. A modern view of atherogenesis. *The American Journal of Cardiology*. 1993; 71: B9–B14.
 - [87] Aronson D, Rayfield EJ. How hyperglycemia promotes atherosclerosis: molecular mechanisms. *Cardiovascular Diabetology*. 2002; 1: 1–10.
 - [88] Cushing SD, Berliner JA, Valente AJ, Territo MC, Navab M, Parhami F, *et al.* Minimally modified low density lipoprotein induces monocyte chemotactic protein 1 in human endothelial cells and smooth muscle cells. *Proceedings of the National Academy of Sciences*. 1990; 87: 5134–5138.
 - [89] Wang Y, Chen J, Chen L, Tay YC, Rangan GK, Harris DC. Induction of monocyte chemoattractant protein-1 in proximal tubule cells by urinary protein. *Journal of the American Society of Nephrology*. 1997; 8: 1537–1545.
 - [90] Obermayer G, Afonyushkin T, Binder CJ. Oxidized low-density lipoprotein in inflammation-driven thrombosis. *Journal of Thrombosis and Haemostasis*. 2018; 16: 418–428.
 - [91] Goldstein JL, Ho YK, Basu SK, Brown MS. Binding site on macrophages that mediates uptake and degradation of acetylated low density lipoprotein, producing massive cholesterol deposition. *Proceedings of the National Academy of Sciences*. 1979; 76: 333–337.
 - [92] Steinberg D. Low Density Lipoprotein Oxidation and its Pathobiological Significance. *Journal of Biological Chemistry*. 1997; 272: 20963–20966.
 - [93] Henriksen T, Mahoney EM, Steinberg D. Enhanced macrophage degradation of biologically modified low density lipoprotein. *Arteriosclerosis*. 1983; 3: 149–159.
 - [94] Kapoor R, Prasad K. Role of oxyradicals in cardiovascular depression and cellular injury in hemorrhagic shock and reinfusion: Effect of SOD and catalase. *Resuscitation*. 1994; 29: 184.
 - [95] Ohkawa H, Ohishi N, Yagi K. Assay for lipid peroxides in animal tissues by thiobarbituric acid reaction. *Analytical Biochemistry*. 1979; 95: 351–358.
 - [96] Prasad K, Kalra J, Lee P. Oxygen free radicals as a mechanism of hypercholesterolemic atherosclerosis: Effects of probucol. *International Journal of Angiology*. 1994; 3: 100–112.
 - [97] Prasad K. A Study on Regression of Hypercholesterolemic Atherosclerosis in Rabbits by Flax Lignan Complex. *Journal of Cardiovascular Pharmacology and Therapeutics*. 2007; 12: 304–313.
 - [98] Lee P, Prasad K. Effects of Flaxseed Oil on Serum Lipids and Atherosclerosis in Hypercholesterolemic Rabbits. *Journal of*

- Cardiovascular Pharmacology and Therapeutics. 2003; 8: 227–235.
- [99] Prasad K. Hypocholesterolemic and antiatherosclerotic effect of flax lignan complex isolated from flaxseed. *Atherosclerosis*. 2005; 179: 269–275.
- [100] Prasad K. Regression of hypercholesterolemic atherosclerosis in rabbits by secoisolariciresinol diglucoside isolated from flaxseed. *Atherosclerosis*. 2008; 197: 34–42.
- [101] Prasad K, Lee P. Suppression of Oxidative Stress as a Mechanism of Reduction of Hypercholesterolemic Atherosclerosis by Aspirin. *Journal of Cardiovascular Pharmacology and Therapeutics*. 2003; 8: 61–69.
- [102] Poeckel D, Funk CD. The 5-lipoxygenase/leukotriene pathway in preclinical models of cardiovascular disease. *Cardiovascular Research*. 2010; 86: 243–253.
- [103] Prasad K, Lee P, Mantha S, Kalra J, Prasad M, Gupta J. Detection of ischemia-reperfusion cardiac injury by cardiac muscle chemiluminescence. *Molecular and Cellular Biochemistry*. 1992; 115: 49–58.
- [104] Prasad K. Reduction of Serum Cholesterol and Hypercholesterolemic Atherosclerosis in Rabbits by Secoisolariciresinol Diglucoside Isolated from Flaxseed. *Circulation*. 1999; 99: 1355–1362.
- [105] Prasad K. Hydroxyl radical-scavenging property of secoisolariciresinol diglucoside (SDG) isolated from flax-seed. *Molecular and Cellular Biochemistry*. 1997; 168: 117–123.
- [106] Prasad K. Antioxidant activity of secoisolariciresinol diglucoside-derived metabolites, secoisolariciresinol, Enterodiol, and enterolactone. *International Journal of Angiology*. 2000; 9: 220–225.
- [107] Elinder LS, Hådelö K, Johansson J, Mølgaard J, Holme I, Olsson AG, *et al.* Probuco Treatment Decreases Serum Concentrations of Diet-Derived Antioxidants. *Arteriosclerosis, Thrombosis, and Vascular Biology*. 1995; 15: 1057–1063.
- [108] Burton GW, Ingold KU. Vitamin E as an in Vitro and in Vivo Antioxidant. *Annals of the New York Academy of Sciences*. 1989; 570: 7–22.
- [109] Catella-Lawson F, Reilly MP, Kapoor SC, Cucchiara AJ, DeMarco S, Tournier B, *et al.* Cyclooxygenase Inhibitors and the Antiplatelet Effects of Aspirin. *New England Journal of Medicine*. 2001; 345: 1809–1817.
- [110] Vane J, Botting R. Inflammation and the mechanism of action of anti-inflammatory drugs. *The FASEB Journal*. 1987; 1: 89–96.
- [111] Lee P, Prasad K. Suppression of Oxidative Stress as a Mechanism of Reduction of Hypercholesterolemic Atherosclerosis by Cyclooxygenase Inhibitors. *International Journal of Angiology*. 2003; 12: 13–23.
- [112] Neuner P, Klosner G, Schauer E, Pourmojib M, Macheiner W, Grünwald C, *et al.* Pentoxifylline in vivo down-regulates the release of IL-1 beta, IL-6, IL-8 and tumour necrosis factor-alpha by human peripheral blood mononuclear cells. *Immunology*. 1994; 83: 262–267.
- [113] Adams JG, Dhar A, Shukla SD, Silver D. Effect of pentoxifylline on tissue injury and platelet-activating factor production during ischemia-reperfusion injury. *Journal of Vascular Surgery*. 1995; 21: 742–749.
- [114] McCarty MF. The reported clinical utility of taurine in ischemic disorders may reflect a down-regulation of neutrophil activation and adhesion. *Medical Hypotheses*. 1999; 53: 290–299.
- [115] Prasad K, Lee P. Suppression of hypercholesterolemic atherosclerosis by pentoxifylline and its mechanism. *Atherosclerosis*. 2007; 192: 313–322.
- [116] Cave A. Selective targeting of NADPH oxidase for cardiovascular protection. *Current Opinion in Pharmacology*. 2009; 9: 208–213.
- [117] Devrim E, Ergüder IB, Ozbek H, Durak I. High-cholesterol diet increases xanthine oxidase and decreases nitric oxide synthase activities in erythrocytes from rats. *Nutrition Research*. 2008; 28: 212–215.
- [118] Wilson SH, Caplice NM, Simari RD, Holmes DR, Jr., Carlson PJ, Lerman A. Activated nuclear factor-kappaB is present in the coronary vasculature in experimental hypercholesterolemia. *Atherosclerosis*. 2000; 148: 23–30.
- [119] Real JT, Martínez-Hervás S, García-García AB, Civera M, Pallardó FV, Ascaso JF, *et al.* Circulating mononuclear cells nuclear factor-kappa B activity, plasma xanthine oxidase, and low grade inflammatory markers in adult patients with familial hypercholesterolaemia. *European Journal of Clinical Investigation*. 2010; 40: 89–94.
- [120] Hackman A, Abe Y, Insull W, Pownall H, Smith L, Dunn K, *et al.* Levels of Soluble Cell Adhesion Molecules in Patients with Dyslipidemia. *Circulation*. 1996; 93: 1334–1338.
- [121] Richter V, Rassoul F, Reuter W, Purcz T, Julius U, Gläser V, *et al.* Effect of extracorporeal low-density lipoprotein elimination on circulating cell adhesion molecules in patients with hypercholesterolemia. *The American Journal of Cardiology*. 2001; 87: 1111–1113.
- [122] Sampietro T, Tuoni M, Ferdeghini M, Ciardi A, Marraccini P, Prontera C, *et al.* Plasma Cholesterol Regulates Soluble Cell Adhesion Molecule Expression in Familial Hypercholesterolemia. *Circulation*. 1997; 96: 1381–1385.
- [123] Collado A, Marques P, Domingo E, Perello E, González-Navarro H, Martínez-Hervás S, *et al.* Novel Immune Features of the Systemic Inflammation Associated with Primary Hypercholesterolemia: Changes in Cytokine/Chemokine Profile, Increased Platelet and Leukocyte Activation. *Journal of Clinical Medicine*. 2018; 8: 18.
- [124] Hansen M, Kuhlman ACB, Sahl RE, Kelly B, Morville T, Dohlmann TL, *et al.* Inflammatory biomarkers in patients in Simvastatin treatment: no effect of co-enzyme Q10 supplementation. *Cytokine*. 2019; 113: 393–399.
- [125] Tahir A, Martínez PJ, Ahmad F, Fisher-Hoch SP, McCormick J, Gay JL, *et al.* An evaluation of lipid profile and pro-inflammatory cytokines as determinants of cardiovascular disease in those with diabetes: a study on a Mexican American cohort. *Scientific Reports*. 2021; 11: 2435.
- [126] Parissis JT, Venetsanou KF, Mentziko DG, Kalantzi MV, Karas SM. Increased serum levels of granulocyte-macrophage colony-stimulating factor in hypercholesterolemic patients. *European Journal of Internal Medicine*. 1999; 10: 146–149.
- [127] Croft KD, Beilin LJ, Vandongen R, Rouse I, Masarei J. Leukocyte and platelet function and eicosanoid production in subjects with hypercholesterolaemia. *Atherosclerosis*. 1990; 83: 101–109.
- [128] Lai X, Qin H, Guo L, Luo Z, Chang J, Qin C. Hypercholesterolemia Increases the Production of Leukotriene B4 in Neutrophils by Enhancing the Nuclear Localization of 5-Lipoxygenase. *Cellular Physiology and Biochemistry*. 2014; 34: 1723–1732.
- [129] Verdeguez F, Castro C, Kubicek M, Pla D, Vilacaballer M, Vinue A, *et al.* Complement regulation in murine and human hypercholesterolemia and role in the control of macrophage and smooth muscle cell proliferation. *Cardiovascular Research*. 2007; 76: 340–350.
- [130] Prasad K. Soluble receptor for advanced glycation end products (sRAGE) and cardiovascular disease. *The International Journal of Angiology*. 2006; 15: 57–68.
- [131] Bucala R, Cerami A. Advanced Glycosylation: Chemistry, Biology, and Implications for Diabetes and Aging. *Advances in Pharmacology*. 1992; 261: 1–34.
- [132] Tam XH, Shiu SW, Leng L, Bucala R, Betteridge DJ, Tan KC.

Enhanced expression of receptor for advanced glycation end-products is associated with low circulating soluble isoforms of the receptor in Type 2 diabetes. *Clinical Science*. 2011; 120: 81–89.

- [133] Yonekura H, Yamamoto Y, Sakurai S, Petrova RG, Abedin MJ, Li H, *et al*. Novel splice variants of the receptor for advanced glycation end-products expressed in human vascular endothelial cells and pericytes, and their putative roles in diabetes-induced vascular injury. *Biochemical Journal*. 2003; 370: 1097–1109.
- [134] Prasad K. AGE–RAGE Stress and Coronary Artery Disease. *International Journal of Angiology*. 2021; 30: 004–014.
- [135] Wendt T, Harja E, Bucciarelli L, Qu W, Lu Y, Rong LL, *et al*. RAGE modulates vascular inflammation and atherosclerosis in a murine model of type 2 diabetes. *Atherosclerosis*. 2006; 185: 70–77.
- [136] Mishra M, Prasad K. AGE–RAGE Stress, Stressors, and Anti-stressors in Health and Disease. *International Journal of Angiology*. 2018; 27: 001–012.
- [137] McNair E, Qureshi M, Prasad K, Pearce C. Atherosclerosis and the Hypercholesterolemic AGE-RAGE Axis. *The International Journal of Angiology*. 2016; 25: 110–116.
- [138] Santilli F, Bucciarelli L, Noto D, Cefalù AB, Davì V, Ferrante E, *et al*. Decreased plasma soluble RAGE in patients with hypercholesterolemia: Effects of statins. *Free Radical Biology and Medicine*. 2007; 43: 1255–1262.
- [139] Wautier M, Chappey O, Corda S, Stern DM, Schmidt AM, Wautier J. Activation of NADPH oxidase by AGE links oxidant stress to altered gene expression via RAGE. *American Journal of Physiology-Endocrinology and Metabolism*. 2001; 280: E685–E694.
- [140] Zhou Z, Wang K, Penn MS, Marso SP, Lauer MA, Forudi F, *et al*. Receptor for AGE (RAGE) Mediates Neointimal Formation in Response to Arterial Injury. *Circulation*. 2003; 107: 2238–2243.
- [141] Sakaguchi T, Yan SF, Yan SD, Belov D, Rong LL, Sousa M, *et al*. Central role of RAGE-dependent neointimal expansion in arterial restenosis. *Journal of Clinical Investigation*. 2003; 111: 959–972.
- [142] Park L, Raman KG, Lee KJ, Lu Y, Ferran LJ, Chow WS, *et al*. Suppression of accelerated diabetic atherosclerosis by the soluble receptor for advanced glycation endproducts. *Nature Medicine*. 1998; 4: 1025–1031.
- [143] Fishman SL, Sonmez H, Basman C, Singh V, Poretzky L. The role of advanced glycation end-products in the development of coronary artery disease in patients with and without diabetes mellitus: a review. *Molecular Medicine*. 2018; 24: 59.
- [144] Prasad K. Pathophysiology and Medical Treatment of Carotid Artery Stenosis. *The International Journal of Angiology*. 2015; 24: 158–172.
- [145] Prasad K. C-Reactive Protein and Cardiovascular Diseases. *The International Journal of Angiology*. 2003; 12: 1–12.
- [146] Devaraj S, Dasu MR, Singh U, Rao LVM, Jialal I. C-reactive protein stimulates superoxide anion release and tissue factor activity in vivo. *Atherosclerosis*. 2009; 203: 67–74.
- [147] Verma S, Badiwala MV, Weisel RD, Li SH, Wang CH, Fedak PW, *et al*. C-reactive protein activates the nuclear factor-kappaB signal transduction pathway in saphenous vein endothelial cells: implications for atherosclerosis and restenosis. *The Journal of Thoracic and Cardiovascular Surgery*. 2003; 126: 1886–1891.
- [148] Pasceri V, Willerson JT, Yeh ETH. Direct Proinflammatory Effect of C-Reactive Protein on Human Endothelial Cells. *Circulation*. 2000; 102: 2165–2168.
- [149] Pasceri V, Chang J, Willerson JT, Yeh ETH. Modulation of C-Reactive Protein–Mediated Monocyte Chemoattractant Protein-1 Induction in Human Endothelial Cells by Anti-Atherosclerosis Drugs. *Circulation*. 2001; 103: 2531–2534.
- [150] Devaraj S, Yun JM, Duncan-Staley C, Jialal I. C-reactive protein induces M-CSF release and macrophage proliferation. *Journal of Leukocyte Biology*. 2009; 85: 262–267.
- [151] Li JJ, Ren Y, Chen KJ, Yeung AC, Xu B, Ruan XM, *et al*. Impact of C-reactive protein on in-stent restenosis: a meta-analysis. *Texas Heart Institute Journal*. 2010; 37: 49–57.