

## Review

**Disease-Associated Oligodendrocyte: New Player in Alzheimer's Disease and CNS Pathologies**Peng Chen<sup>1,†</sup>, ZhiLei Guo<sup>2,†</sup>, Benhong Zhou<sup>1,\*</sup><sup>1</sup>Department of Pharmacy, Renmin Hospital of Wuhan University, 430060 Wuhan, Hubei, China<sup>2</sup>Department of Pharmacy, Wuhan Fourth Hospital, 430030 Wuhan, Hubei, China\*Correspondence: [benhongzh@whu.edu.cn](mailto:benhongzh@whu.edu.cn) (Benhong Zhou)

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**Abstract**

Considerable evidence has shown that the breakdown of myelin has been linked to Alzheimer's disease (AD). Considering the vulnerability of oligodendrocytes to Alzheimer's disease, the myelin sheath breakdown and degeneration are easily induced, suggesting that dysfunction of the oligodendrocytes could be the first step in the progression at the early AD before the occurrence of amyloid and tau pathology. It is considered that amyloid  $\beta$ -peptide ( $A\beta$ )-mediated oligodendrocyte dysfunction and demyelination could be manifested through neuroinflammation, oxidative stress, and neuronal ferroptosis. With the development of single-cell sequencing technology, an oligodendrocyte state that increased in association with central nervous system brain pathology (designated as disease-associated oligodendrocytes) has been identified. In the current review, we examine the possible roles of oligodendrocytes in cognitive decline and their molecular characteristics in AD. Altogether, our findings elucidate that targeting oligodendrocytes may be a novel treatment or prevention option for AD.

**Keywords:** Alzheimer's disease; oligodendrocytes; function; RNA sequencing**1. Introduction**

Alzheimer's disease (AD) is the most common cause of dementia in the elderly, affecting over 45 million people worldwide [1]. It is a progressive neurodegenerative disorder that first affects learning and memory functions and then gradually impacts cognitive functions with behavioral damage [2]. The most common pathological features in Alzheimer's brains include accumulation of amyloid  $\beta$ -peptide ( $A\beta$ ), neurofibrillary tangles (NFTs), abnormal mitochondrial function, gliosis, loss of synapses, neuron death, neuroinflammation, and oxidative stress, secondary to the toxic effects of  $A\beta$  and Tau [3]. Although the typical symptoms and disease characteristics are well-known, the underlying molecular mechanisms and drug targets remain unclear.

In recent years, majority of the research on neurodegenerative diseases has mainly focused on neurons; however, non-neuronal cells such as glial cells also play an important role in this complication [4]. Glial-like microglia and astrocyte-mediated chronic neuroinflammation and oxidative stress are the key intertwined pathological factors in brain aging and neurodegenerative diseases [5]. Although oligodendrocytes are one of the main types of glial cells in the central nervous system (CNS), their functions and effects on AD neurons are very different from microglia and astrocytes [6]. Like most glial cells, oligodendrocytes can provide neurons with many supporting processes, such as signal recognition [7], migration [8], ion energy supply [9],

axon encapsulation [10], and regeneration and maintenance of myelin sheaths [11]. The central function of oligodendrocytes is to generate myelin, an extended membrane from the cell that wraps tightly around axons and is a prerequisite for promoting high-speed nerve conduction [12]. In addition, oligodendrocytes can directly support neurons and prevent cell death, especially by promoting myelin recovery, which is very beneficial for nerve repair after injury [13]. Extensive evidence confirmed that impaired myelin production because of an intrinsic failure of oligodendrocytes might initiate AD development [14].

The current study reviewed the role of myelin breakdown in cognitive decline and the signatures of oligodendrocytes in AD. An overview of oligodendrocyte pathogenic mechanisms in AD is provided, followed by an assessment of whether improving the oligodendrocyte function and inhibiting myelination will provide therapeutic benefits in AD.

**2. Breakdown of Myelin in AD**

Oligodendrocytes, developed from the well-characterized oligodendrocyte precursor cells (OPCs), are the myelin-forming glial cells of the CNS [15]. The primary purpose of oligodendrocytes, such as other glia, is to maintain and support the nervous system, neurons, and surrounding tissues through a substance called myelin composed of approximately 40% water and a dry mass of approximately 80% lipids and 20% proteins [16]. The oligodendrocyte makes contact with the axon and wraps



around it, thus forming a myelin sheath. These myelin sheaths form insulators on the surface of neurons to protect axons and allow electrical signals to travel more efficiently, reaching speeds of up to 322 km/s [17]. Thus, myelinated axons transmit signals more efficiently than unmyelinated single axons.

There is overwhelming evidence showing that when the immune system attacks oligodendrocytes, it can lead to aggravation of the pathophysiology of several disorders. These include stroke, schizophrenia, demyelinating diseases such as leukodystrophies, multiple sclerosis, white matter damage caused secondarily by such entities in the form of neoplasia, trauma, and infarction, and neurodegenerative diseases including Parkinson's disease, amyotrophic lateral sclerosis, brain aging, and AD [18–21].

### 2.1 Myelin Pathology in AD: A Macroscopic View

Myelin is formed by oligodendrocytes in the CNS and Schwann cells in the peripheral nervous system. The myelin sheath is a layer of fat and protein that covers the axon of a nerve cell, enabling the electrical impulses between nerve cells to travel back and forth rapidly [22]. Myelin is essential for healthy brain functioning, and myelin wraps around axons to increase neural signaling speed, enabling complex neuronal mechanisms underlying learning and cognition [23]. There is growing evidence that myelin disruption is an important factor contributing to the age-related loss of brain plasticity and repair responses [24]. There is close agreement between neuropsychology, neuropathology, and imaging measures suggesting that the process of myelin breakdown begins in adulthood, accelerates with human aging, and underlies age-related cognitive declines, and the most potent risk factor of dementia-causing disorders, such as AD, is age [25]. *In vivo* AD models have shown that alterations of myelin morphology and oligodendrocyte development appear before the formation of amyloid and tau pathologies. However, these alterations might be highly associated with different mutations in the AD models [26]. It has been reported that oligodendrocytes were more vulnerable to stressors in the presence of AD-associated presenilin-1 (PS1) mutations and in embryonic neurons, amyloid precursor protein (APP) mutations may interfere with myelination *via* axon-mediated signaling to oligodendrocytes in 3xTg-AD models while others do not so [27,28].

### 2.2 A $\beta$ -Induced Oligodendrocyte Dysfunction

Amyloid  $\beta$ -peptide plaques have been confirmed to be the pathological hallmark of AD, and multiple lines of evidence have linked A $\beta$  with AD-associated neuronal degeneration. Numerous studies have proposed that A $\beta$  alters myelinating oligodendrocyte functions and induces toxicity in AD [29].

The direct toxicity generated by pathological A $\beta$  peptides alone or combined with the signals produced by de-

generating neurons leads to oligodendrocytes compromise, which participates in the disease process [30]. The response of OPCs to A $\beta$ , such as demyelination, increased proliferation, reactive microglia triggering, and default response to any brain injury, is described in several studies [31]. Furthermore, in the initial phase of AD, the reactions of OPCs to the increased differentiation of oligodendrocytes are also described. The myelin disruption induced by A $\beta$ -mediated toxicity is associated with the spatial and temporal progress of cognitive disorder in the AD model *in vivo* during the early pre-symptomatic stages [32]. As shown in some *in vitro* studies, a new pathogenic mechanism underlying oligomer-mediated leukopenia degeneration may impair myelin maintenance and regeneration of adult OPCs, consequently leading to cumulative damage to myelin axons and to nerve disconnection [33]. Oligodendrocyte precursor cells, potential sources for myelin defect repair, have different outcomes in AD-associated mouse models and human AD pathology because of their specific response to amyloid plaque deposition [25]. AD-associated presenilin-1 mutations increase A $\beta$ -induced myelin damage and oligodendrocyte dysfunction in the pre-symptomatic phase of early AD [34]. Here, we show that the PS1 mutation made mouse OPCs vulnerable to A $\beta$ -induced cell differentiation. In addition, PS1 expression is closely related to OPC function and the distribution of myelin basic protein (MBP), a process further exacerbated by the exposure to A $\beta$  [35]. Furthermore, demyelination was observed where the A $\beta$  plaques were the most abundant. In pre-clinical and sporadic AD cases, focal loss of oligodendrocytes in neocortical gray matter was relevant to the core of A $\beta$  plaques [36]. As demonstrated in immunoreactive research, high levels of A $\beta$  tend to be positively correlated with marker expression in oligodendrocytes (there are three types of myelin basic proteolipid protein: galactocerebroside, myelin glycoprotein, and myelin/oligodendrocyte glycoprotein), implicating that A $\beta$  plaque formation may be preceded by neuronal/oligodendrocytic degeneration [37]. However, contradictory literature indicates that oligodendrocyte survival, myelination, and OPCs seem to be affected by A $\beta$  [38]. Acute inflammation induced by A $\beta$  enhanced remyelination-related transcription signals and rapidly cleared myelin debris. Along with the visibly distinct outcomes between an AD-related mouse model and human AD pathology, APP/PS1 mice had a greater number of oligodendrocyte lineage cells, and a decrease in oligodendrocyte number was found in the postmortem human cortex of patients with AD [34,39]. In addition, defects in myelin integrity and amount were prevalent in APP/PS1 mice at six months of age but were normalized in control mice at nine months [40]. There is a possibility of repair from newly formed oligodendrocytes in APP/PS1 mice, but in human AD, this response from oligodendrocyte progenitors does not seem as evident.

### 2.3 Oligodendrocyte and Neurofibrillary Tangles (NFTs)

Neurofibrillary tangles, known as pathological hallmarks of AD, are intracellular aggregates of hyperphosphorylated tau protein known as microtubule-associated proteins. Brains affected by AD are also commonly affected by NFTs, especially in the hippocampus and entorhinal cortex [41]. A hippocampus and temporal cortex with NFTs can also be observed in normal elderly individuals and patients suffering from other neurodegenerative diseases [42]. Clinical symptom severity and the degree of neuronal death increase the number of NFTs with aging.

Tau hyperphosphorylation and accumulation frequently occur in neurons but were also found in non-neuronal glial cells [43]. Mice with the G272V mutation (mutations in tau) developed oligodendroglial fibrillary lesions similar to those seen in human tauopathies [44]. In oligodendrocyte cytoplasm, tau-positive fibrillary tangles resemble NFTs in terms of argyrophilia and antigenicity to tau and ubiquitin [45]. Despite this, the role of oligodendrocytes in NFT formation is still not fully understood. This suggests that oligodendrocyte dysfunction and NFTs share a similar background in that axonal dysfunction can neither transmit nor conduct electrical signals using myelin [46]. However, the specific causality between oligodendrocyte dysfunction and NFTs remains unclear.

Inflammation and oxidative stress are common pathophysiological factors that cause oligodendrocyte dysfunction and NFT formation in AD. According to some researchers, inflammation and oxidative stress induced by NFTs may contribute to oligodendrocyte dysfunction [47]. Therefore, it is important to investigate whether oligodendrocyte dysfunction is either a cause or a consequence of NFTs in AD. The exact role that oligodendrocytes play in NFT pathogenesis remains unknown.

### 3. Oligodendrocyte-Mediated Neuron Ferroptosis

The oligodendrocytes of the CNS contain the greatest concentration of iron as it is required for both myelination and metabolic enzyme activity [48]. According to quantitative analyses, iron accumulation in neurons and glial cells was significantly increased in postmortem brains affected by AD [49]. As a result, Olig2-positive oligodendrocytes had an iron content that increased by a factor of ~2.5 [48,50]. Furthermore, oligodendrocytes contain ferritin heavy chains, which provide neurons with antioxidant protection against iron-induced cytotoxicity [51]. Ferroptosis caused by rapid iron mobilization from ferritin led to oligodendrocyte loss, demyelination, and demyelination in a multiple sclerosis (MS) cuprizone-induced model [48]. It is likely that lipid peroxidation and oligodendrocyte loss mediated by rapid mobilization of ferritin can also contribute to ferroptosis in neurons affected by AD. Because of the close physical contact between neurons and oligodendrocytes under pathological conditions such as demyeli-

nation in aging, oligodendrocytes become a natural pool for loading iron to neurons and induced neuron ferroptosis [52].

### 4. Disease-Associated Oligodendrocyte (DOL) in AD

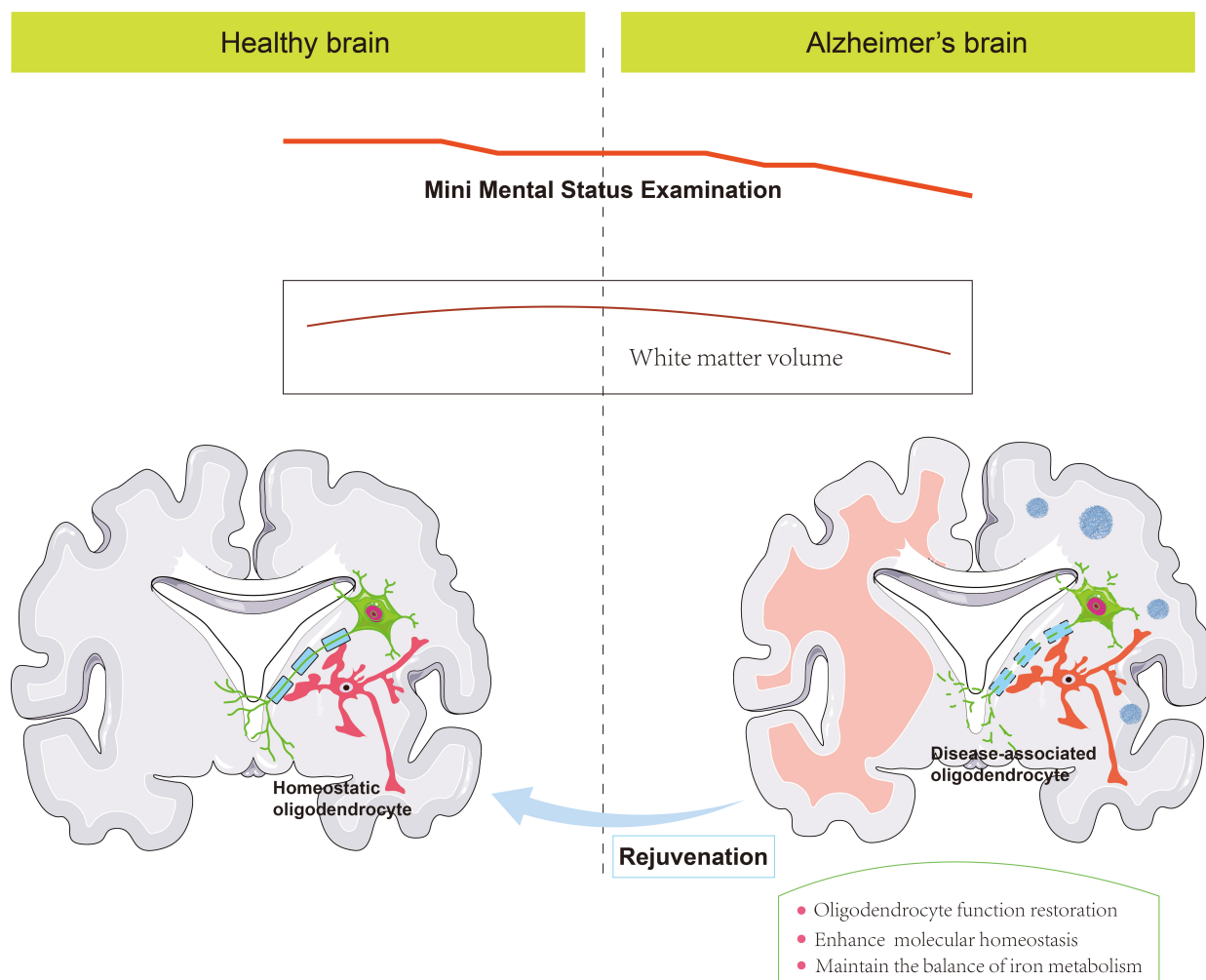
When referring to dementia diseases, especially AD and brain aging, it was observed that substantial age-related myelin has been changed and destructed in models based on deceased patients' brains and on mice [53]. Although oligodendrocytes play a non-trivial role in the brain, it remains unclear whether and how their fate is altered in AD and, if so, in an etiologically dependent or pathologically conserved manner [54]. Recently, Kenigsbuch M *et al.* [55], using scRNA-seq, identified a transcriptional state (DOLs) among oligodendrocytes as a response to deviations from homeostasis in the CNS. This transcriptome module seems to exist in different pathological states, and its elements may be closely related to the occurrence of human diseases.

In a 5xFAD model of amyloidosis in 10-month-old mice, DOLs appeared alongside some other pathological changes including A $\beta$  plaque formation, reactive gliosis, mitochondrial dysfunction, synaptic collapse, gliosis, inflammation, and cognitive impairment [55]. These findings suggested that oligodendrocyte response to damage in 5xFAD is due to the activation of other glial cells, such as microglia and astrocytes, suggesting that this could be the result of a cumulative injury [56,57].

Although DOLs were found in the vicinity of A $\beta$  plaques, they appeared a long time after plaque accumulation; however, *in vitro* results showed that stimulation of A $\beta$  is insufficient to induce its conversion. Furthermore, these experimental results are consistent with observations in animal models without amyloid accumulation *in vivo*, arguing against A $\beta$  as a sufficient trigger of this cellular state. Of interest, the presence of DOLs in plaque-rich brain regions is also attributed to other factors, such as damage-related molecular patterns, a class of metabolic factors released by dying cells, and inflammation [58]. Interestingly, in an alternative model of amyloidosis, transcriptomic features similar to DOL features were also observed using spatial transcriptomic analysis of plaque niches, further supporting the notion that a rich plaque microenvironment contributes to the maintenance of this cellular state [59].

#### 4.1 DOL and Disease-Associated Astrocyte (DAA)

The overlap of transcriptomic features between DOL and DAA suggests that despite fundamental differences between functions of astrocytes and oligodendrocytes, they share similar damage response molecular pathways (Serpin3n, C4b, and Ctsb upregulation). Microglial responses appear to be more pathologically specific, such as disease-associated microglia (DAM) observed in amyloidosis, but not in tau pathology [60]. Notably, some genes, such as C4b, are also found as common features of both astrocytes and oligodendrocytes [61]. Therefore, further studies are



**Fig. 1. Hypothesis of targeting the Disease-Associated Oligodendrocyte (DOL) for AD treatment.** We used the Mini Mental Status Examination (MMSE) to represent cognitive function for Alzheimer's disease (AD). White matter volume demonstrates a u-shaped pattern, with decreases with the progression of AD, as is also the case for cognitive function. Homeostatic oligodendrocytes are converted to DOLs, which accelerates cognitive decline. Interestingly, the damage can be reversed through targeting of the DOL.

needed to determine the role of these responses and their targeting in the development of effective treatments for CNS diseases.

#### 4.2 Does Targeting DOL Prove Beneficial to Cognitive Decline?

Interestingly, *SERPINA3*<sup>+</sup> oligodendrocytes in human postmortem AD brains were observed using immunohistochemistry [62]. Transcriptomics results have revealed that a high level of *SERPINA3* signature in proximity to macrophages is associated with inflammation, suggesting that neuroinflammation and damage can potentially induce increased expression of *SERPINA3* [63]. However, the presence of only a single marker in the immunohistochemistry may not be sufficient to determine the degree of similarity between these cells and mouse DOLs. Furthermore, spatial transcriptomics could not fully characterize this marker and it lacked single cell resolution. Notably, it was found that the proportion of *SERPINA3*<sup>+</sup> cells in

the brain has been associated with Mini-Mental State Examination (MMSE) scores, suggesting *SERPINA3* may be an indicator of impaired cognitive function. A notable effect of *Serpina3n* is that it inhibits granzyme B, thereby protecting cells against CD8<sup>+</sup> T-cell-induced cytotoxicity [64]. Furthermore, it promoted plaque aggregation *in vitro* [65]. Further research is required to better understand the role of DOLs, particularly *Serpina3n/SERPINA3*, and their relevance to human diseases.

#### 4.3 Is Aging an Activating Factor for DOL Formation?

In experimental allergic encephalomyelitis (EAE), oligodendrocyte progenitors (OPC) and mature oligodendrocytes with similar characteristics are phagocytic, present antigens on MHC-II, and stimulate CD4<sup>+</sup> T cells [66]. Unlike EAE, scRNA-seq analysis of the transcriptomic profile of mature oligodendrocytes (GalC<sup>+</sup>) in 5xFAD revealed up-regulation of the MHC-I pathway but not of the MHC-II pathway. Therefore, CD8<sup>+</sup> T cells are more likely to inter-



act with the immune system than CD4<sup>+</sup> T cells. In addition, a recent study suggests that OPC may age in the presence of amyloidosis [67]. The authors have not found any evidence of senescence markers at the transcriptome level in mature oligodendrocytes. However, a more in-depth description of OPC is needed to answer these questions. Consistent with observations in the 5xFAD model, the expression levels of DOL genes in EAE were found to increase with disease progression, supporting the idea that DOL signaling expression and damage accumulation are related.

## 5. Conclusions

A variety of factors contribute to oligodendrocyte function, such as aging, aluminum toxicity, small vessel disease, white matter stress, and pathology and/or NFTs associated with AD [68]. During this process of neurodegeneration, there is a prolonged pathological assault on oligodendrocytes, leading to myelin breakdown. The oligodendrocytes that form myelin are derived from morphologically complex precursor cells. Various cognitive declines that are hypothetically linked to aging, including Alzheimer's dementia, are caused by myelin breakdown. Several scientific studies have demonstrated that myelination patterns and oligodendrocyte status are significantly altered before the development of amyloid and tau pathologies [69]. Myelin dysfunction of oligodendrocytes and A $\beta$ -mediated toxicity may be further aggravated by oxidative stress, neuroinflammation, and/or dysregulated iron metabolism. Moreover, as a novel phenotype, disease-associated oligodendrocytes share common molecular pathways in different neurodegenerative disease conditions, indicating that diseases of the CNS share potential common pathological mechanisms [70]. Based on the above findings, we hypothesize that cognitive impairment and white matter degeneration in AD brain are caused by dysfunction of DOLs, and that regulating this phenotype can rejuvenate AD brain pathology (Fig. 1).

However, further research is required to understand the mechanisms underlying the disruption of oligodendrocytes and myelin in AD. For example, it is necessary to investigate whether inhibiting oligodendrocyte dysfunction and myelin breakdown is a favorable treatment target for AD. Despite several preclinical studies supporting this hypothesis, clinical data is lacking. Therefore, elucidating these specific mechanisms may contribute to a better understanding of AD and may help to prevent and treat the disease.

## Author Contributions

PC, ZG, and BZ conceptualized and designed the study. PC wrote the manuscript. PC and ZG designed the figures. BZ reviewed the manuscript. All authors contributed to editorial changes in the manuscript. All authors have read and approved the final manuscript.

## Ethics Approval and Consent to Participate

Not applicable.

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Not applicable.

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## Conflict of Interest

The authors declare no conflict of interest.

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